

Climate Change & Health in Connecticut

CIRCA Webinar
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Laura Bozzi, PhD
Yale Center on Climate Change and Health

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A Public Health Response to a Changing Climate

Average Annual Temperature
Extreme Heat Days
Frost Days
Emergency Department Visits and Hospitalizations
for Heat-Related Illness
Populations Vulnerable to Heat-Related Illness
Heavy Rainfall Events
High Tide Flooding
Drought
Drinking Water Reservoir Capacity
Weather Disasters
Superfund Sites
Mosquitos
West Nile Virus Infections
Eastern Equine Encephalitis
Lyme Disease
Foodborne *Vibrio* Infections
Ground-Level Ozone
Fine Particulate Matter (PM_{2.5})
Outdoor Allergens (Mold and Pollen)

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INDICATORS

Climate Change and Health in Connecticut: 2020 Report

Authors

Laura Bozzi, PhD

Robert Dubrow, MD, PhD

Contributors

Mauro Diaz-Hernandez

Melpomene Vasiliou, MPH

Kai Chen, PhD

Projected Climate Change Physical Impacts

- UCONN/CIRCA Report: Under a high greenhouse gas emissions scenario (RCP 8.5), the following impacts are projected for mid-century (2040–69), compared with 1970–99:
 - 5 °F increase in annual average temperature
 - 8.5% increase in annual precipitation, due primarily to increases in winter and spring
 - Greater flood risk due to the increase in heavy rainfall events
 - Extreme summer droughts occurring 3 times as often
- CIRCA recommends planning for 20 inches (0.5 meters) of sea level rise by 2050, with continued sea level rise to occur after 2050
- Atlantic hurricanes are expected to become more intense, with greater amounts of precipitation

Connecticut Physical Climate Science Assessment Report (PCSAR)

Observed trends and projections of temperature and precipitation

August 2019



UCONN ASG
University of Connecticut Atmospheric Sciences Group

Sponsored by a grant from the Connecticut Institute for Resilience and Climate Adaptation (CIRCA).

CIRCA is a partnership between the University of Connecticut and the State of Connecticut Department of Energy and Environmental Protection. More information can be found at: www.circa.uconn.edu

COMMUNITIES OF COLOR

Some communities of color living in risk-prone areas face cumulative exposure to multiple pollutants.

Adaptation plans that consider these communities and improve access to healthcare help address social inequities.

OLDER ADULTS

Older adults are vulnerable to extreme events that cause power outages or require evacuation.

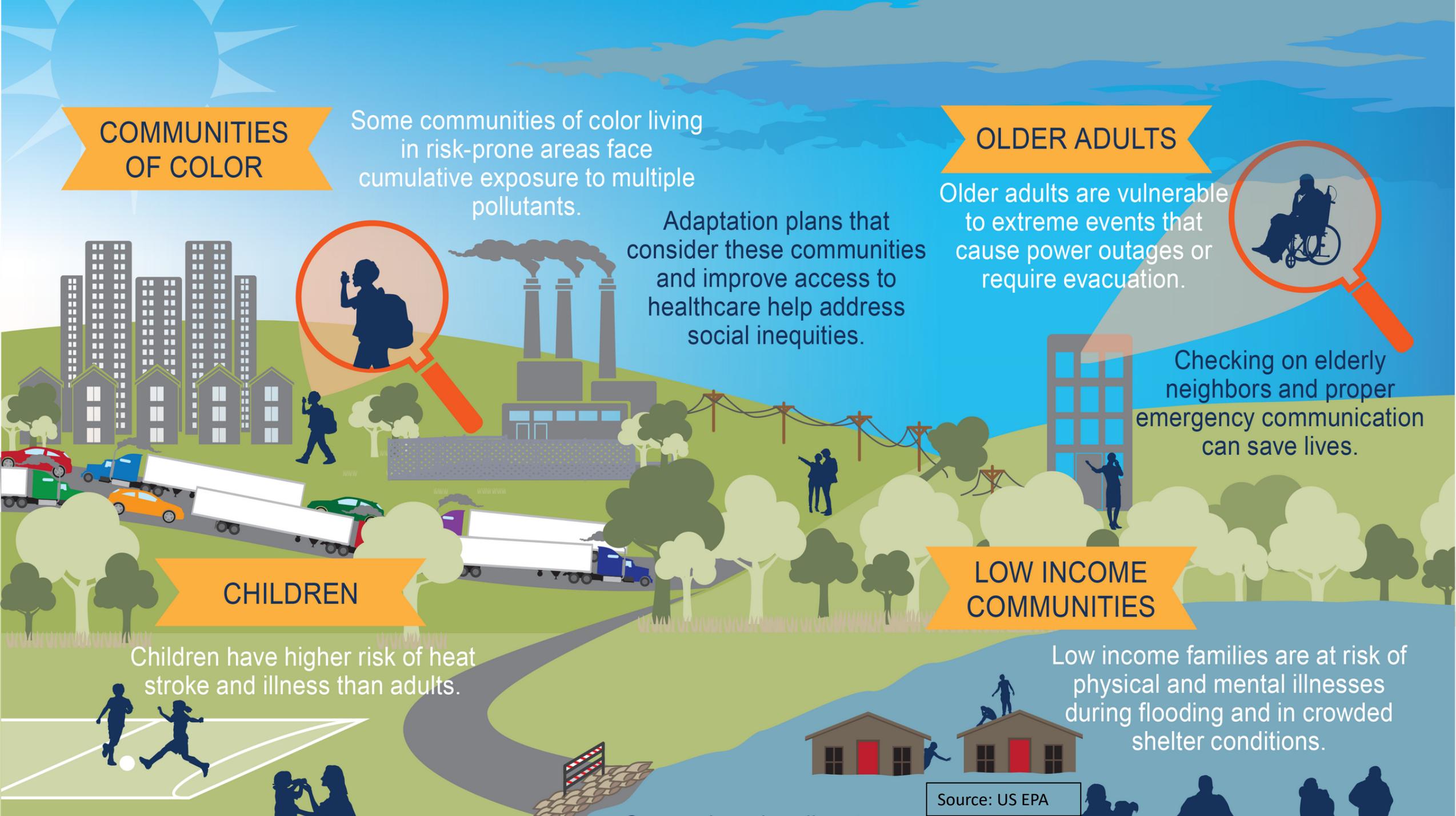
Checking on elderly neighbors and proper emergency communication can save lives.

CHILDREN

Children have higher risk of heat stroke and illness than adults.

LOW INCOME COMMUNITIES

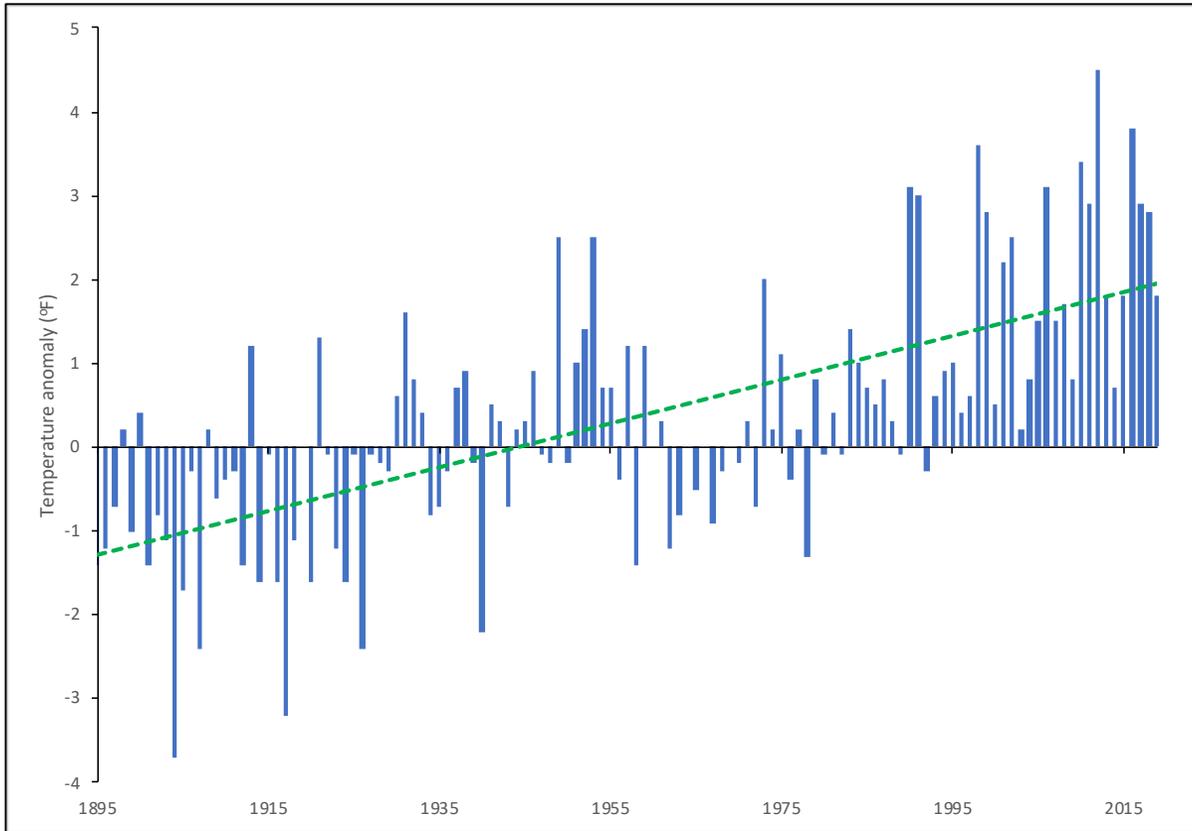
Low income families are at risk of physical and mental illnesses during flooding and in crowded shelter conditions.



TEMPERATURE



Annual Average Temperature



Average annual temperature increased by over 3 °F in Connecticut from 1895 to 2019.

What does this mean for health?

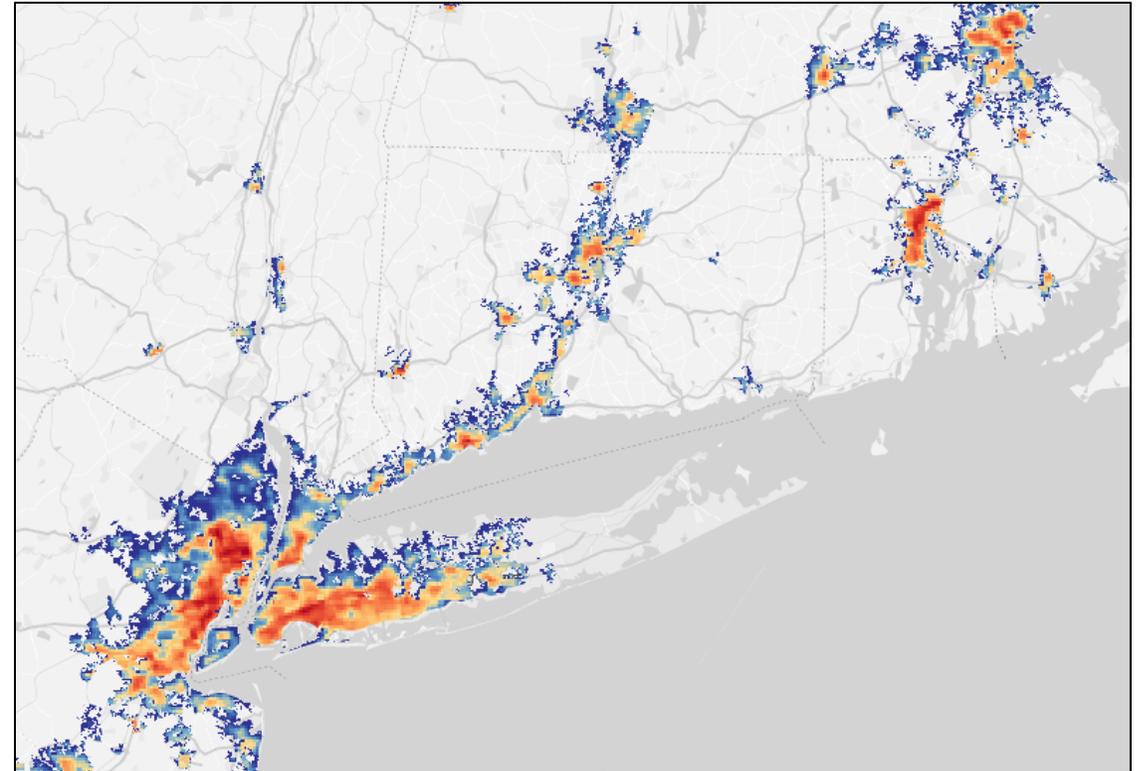
- Heat-related illness
- Suitable conditions for larger and more active tick and mosquito populations
- Longer season for ragweed pollen
- Amplified ozone pollution (smog)

Heat-Related Illness

From 2007 to 2016, there were on average **422 emergency department visits** and **45 hospitalizations** per year for heat stress in Connecticut.

Vulnerable populations:

- Elderly
- Young children
- People with pre-existing medical conditions (especially respiratory or cardiovascular disease, and mental illness)
- People with limited social or financial resources, and/ or social isolation (particularly those experiencing homelessness)
- Outdoor workers
- Athletes



Source: TC Chakraborty. Based on *The Global Surface Urban Heat Island Explorer*, <https://yceo.users.earthengine.app/view/uhimap>

EXTREME EVENTS



Weather Disasters

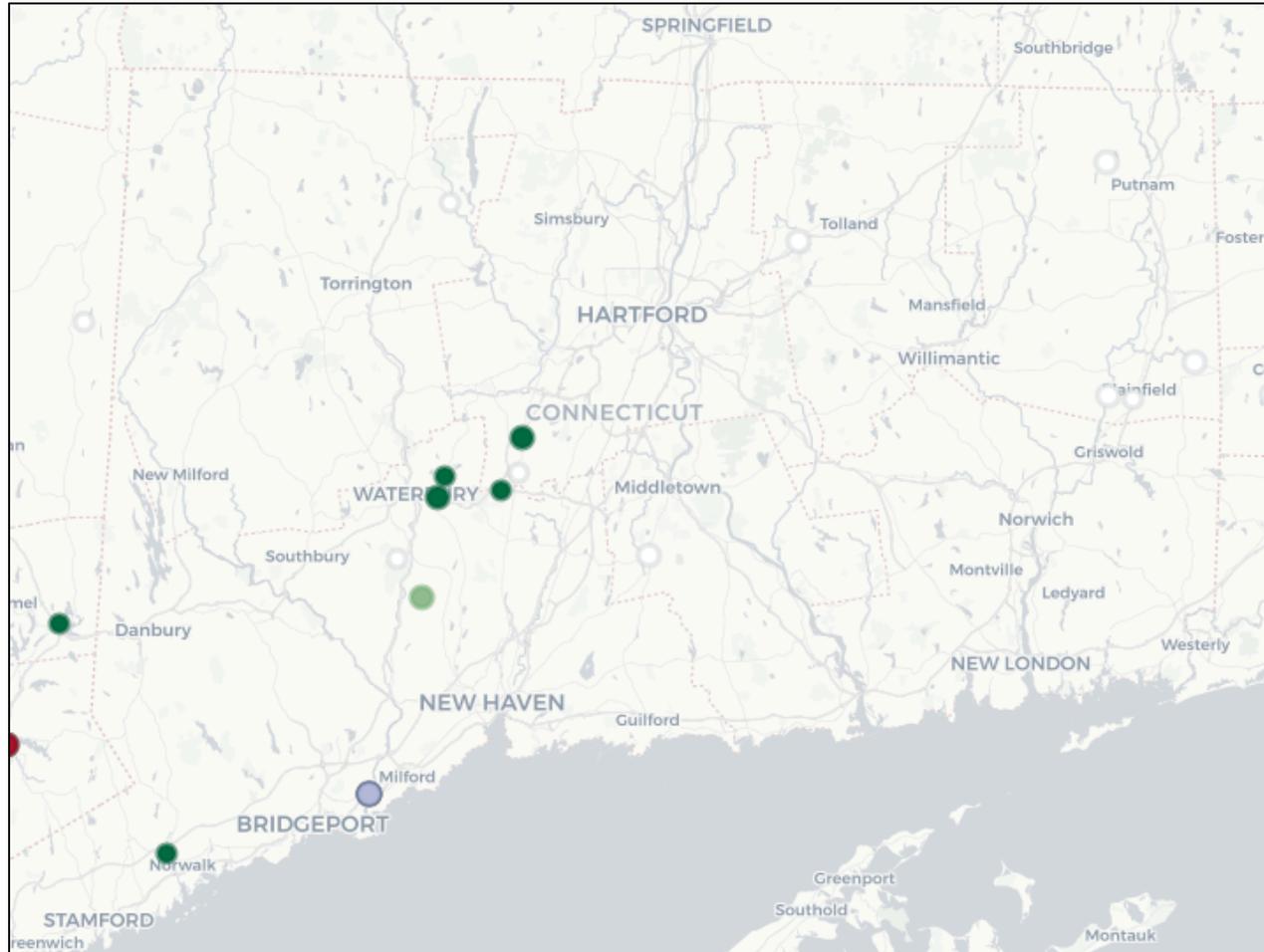
INCIDENT PERIOD	DISASTER TYPES	DESIGNATED COUNTIES							
		FAIRFIELD	HARTFORD	LITCHFIELD	MIDDLESEX	NEW HAVEN	NEW LONDON	TOLLAND	WINDHAM
October 14-15, 2005	Severe Storms and Flooding								
April 15- April 27, 2007	Severe Storms and Flooding								
March 12- May 17, 2010	Severe Storms and Flooding								
October 29-30, 2011	Severe Storm								
August 27- September 1, 2011	Tropical Storm/ Hurricane (Tropical Storm Irene)								
January 11-12, 2011	Snowstorm								
October 27- November 8, 2012	Hurricane (Hurricane Sandy)								
February 8-11, 2013	Severe winter storm and snowstorm								
January 26-28, 2015	Severe winter storm and snowstorm								
September 25-26, 2018	Severe Storms and Flooding								
May 15, 2018	Severe Storms, Tornado, and Straight-line Winds								

What does this mean for health?

- Direct dangers from drowning
- Disruption to critical infrastructure & loss of access to medical care
- Mental health impacts from trauma
- Structural inequality in impacts across communities

From 2010 to 2019, nine federal disaster declarations for weather events were issued for Connecticut, compared to only 13 in the previous 56 years (1954-2009).

Superfund Sites



Seven of Connecticut's 16 Superfund sites are vulnerable to climate change impacts, including flooding, hurricane storm surge, and sea level rise.

INFECTIOUS DISEASES



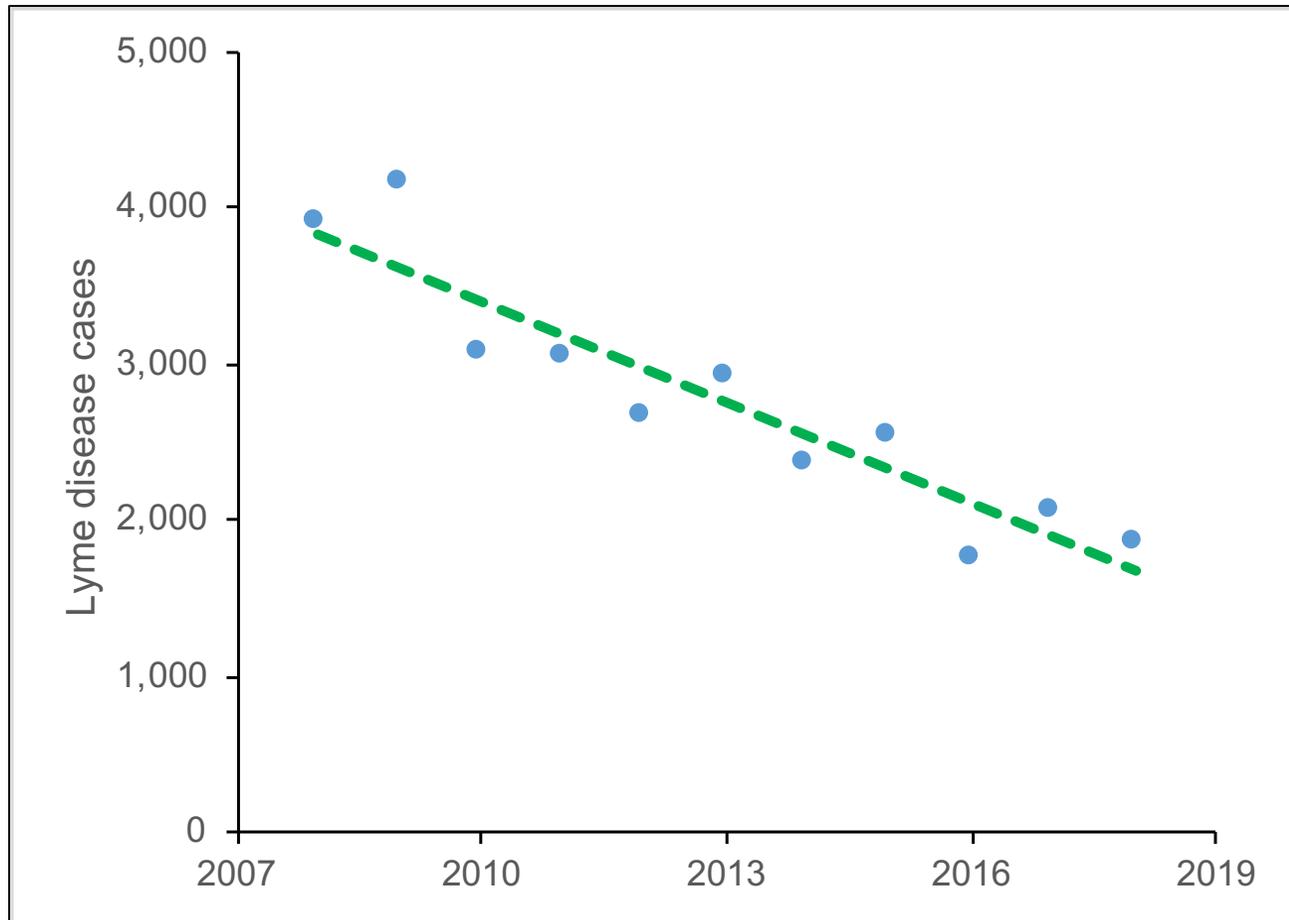
Mosquito Abundance

- During 2001–2019, of 28 mosquito species found in Connecticut to carry viruses that cause human disease, **10 show trends of increasing abundance and 3 show trends of decreasing abundance.**
- Each of the mosquito species we tracked has been found in Connecticut to carry one or more of the following viruses that infect humans:
 - Cache Valley (CV)
 - Eastern equine encephalitis (EEE)
 - Jamestown Canyon (JC)
 - Trivittatus (TVT)
 - West Nile Virus (WNV)

SPECIES	TIME TREND, 2001–2019 ^A	MOSQUITOS/TRAP-DAY, 2015–2019 ^B	VIRUSES CARRIED ^C
<i>Aedes albopictus</i>	0.020	0.28	CV, WNV
<i>Aedes cinereus</i>	-0.052	7.51	CV, EEE, JC, WNV
<i>Aedes vexans</i>	-0.050	9.88	CV, EEE, JC, WNV
<i>Anopheles punctipennis</i>	0.083	2.79	CV, EEE, JC, TVT, WNV
<i>Anopheles quadrimaculatus</i>	0.025	0.60	CV, EEE, WNV
<i>Anopheles walkeri</i>	0.163	2.80	CV, EEE, JC, WNV
<i>Coquillettidia perturbans</i>	1.314	33.34	CV, EEE, JC, TVT, WNV
<i>Culex pipiens</i>	-0.054	1.65	EEE, WNV
<i>Culex restuans</i>	-0.008	2.33	EEE, JC, WNV
<i>Culex salinarius</i>	0.849	17.61	EEE, WNV
<i>Culex territans</i>	0.005	0.13	EEE
<i>Culiseta melanura</i>	0.247	8.49	CV, EEE, WNV
<i>Culiseta morsitans</i>	-0.0004	0.11	EEE
<i>Ochlerotatus abserratus</i>	0.045	2.22	JC
<i>Ochlerotatus aurifer</i>	0.119	3.02	JC
<i>Ochlerotatus canadensis</i>	0.511	19.74	CV, EEE, JC, WNV
<i>Ochlerotatus cantator</i>	-0.021	1.90	CV, EEE, JC, WNV
<i>Ochlerotatus communis</i>	-0.002	0.01	JC
<i>Ochlerotatus excrucians</i>	0.005	0.66	JC
<i>Ochlerotatus provocans</i>	0.009	0.15	JC
<i>Ochlerotatus sollicitans</i>	-0.067	0.51	CV, EEE, JC
<i>Ochlerotatus sticticus</i>	-0.314	0.62	CV, EEE, JC, TVT, WNV
<i>Ochlerotatus stimulans</i>	-0.021	0.82	JC
<i>Ochlerotatus taeniorhynchus</i>	0.279	7.53	CV, EEE, JC, WNV
<i>Ochlerotatus triseriatus</i>	-0.072	0.93	CV, EEE, JC, WNV
<i>Ochlerotatus trivittatus</i>	-0.447	1.66	CV, EEE, JC, TVT, WNV
<i>Psorophora ferox</i>	0.242	5.30	CV, EEE, JC, TVT, WNV
<i>Uranotaenia sapphirina</i>	0.012	2.45	EEE, WNV

Mosquito species that carry human viruses found at 87 trapping stations across Connecticut: time trends in abundance (2001–2019); recent abundance (2015–2019); and viruses carried. Green indicates statistically significant trend.

Tick-borne Illnesses

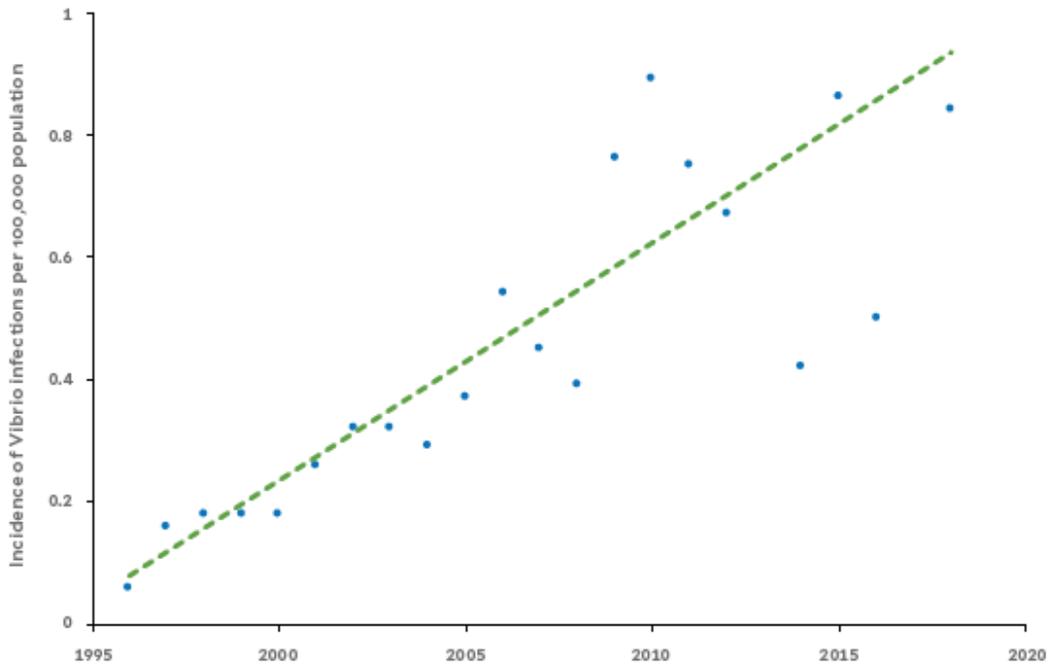


Total confirmed and probable Lyme disease cases in Connecticut, 2008–2018. The number of reported cases has declined significantly in Connecticut.

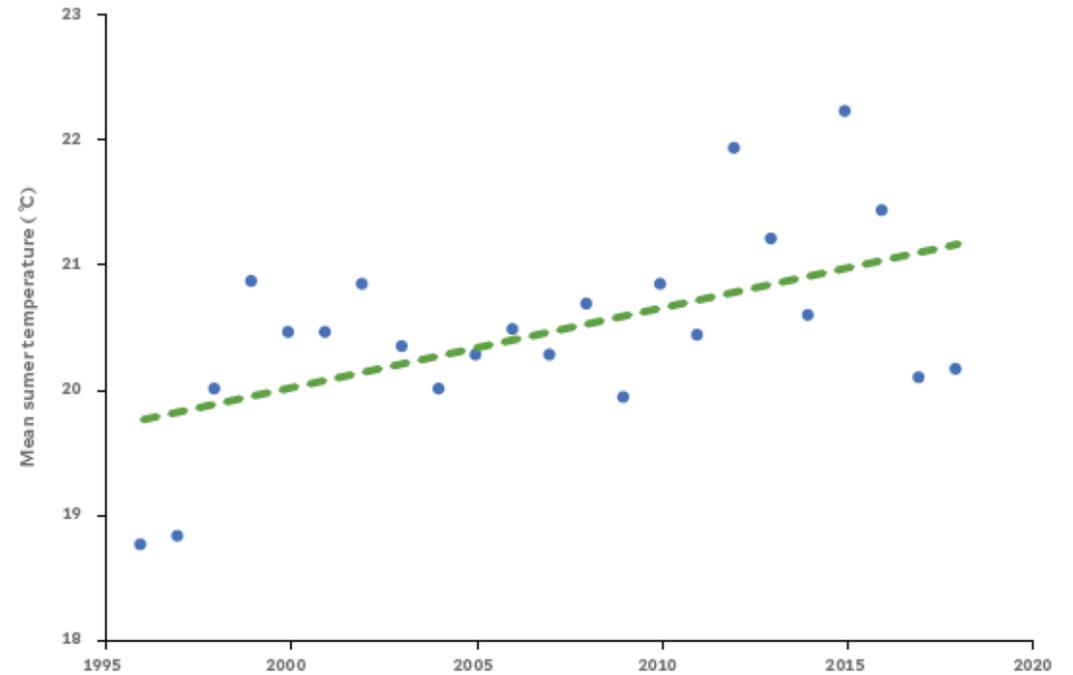
Lone Star Ticks

- Expanding into CT
- Transmit tularemia, ehrlichiosis, Heartland virus disease, southern tick-associated rash illness, red meat allergy, and likely, Bourbon virus disease

Foodborne *Vibrio* Infections



Confirmed foodborne *Vibrio* infections per 100,000 population in Connecticut, 1996–2018. The annual incidence of confirmed cases of foodborne *Vibrio* infections has significantly increased.

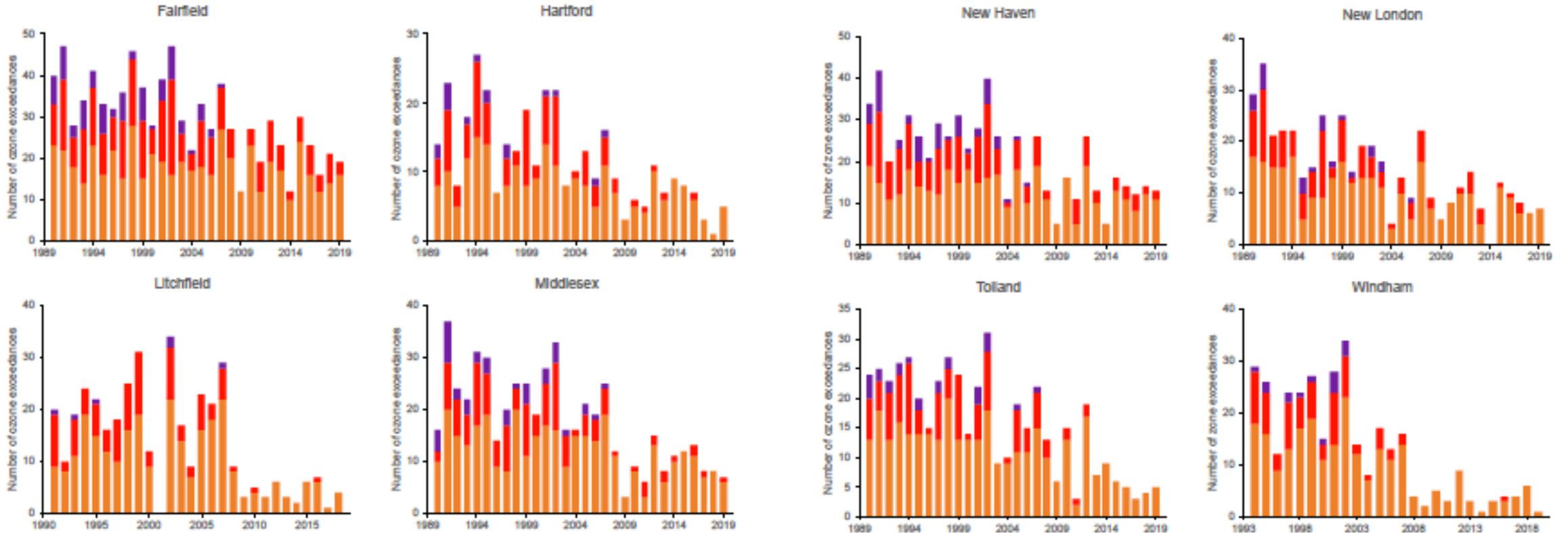


Near-surface water temperature in Niantic Bay, CT, summer (July–September), 1996–2018.

AIR QUALITY

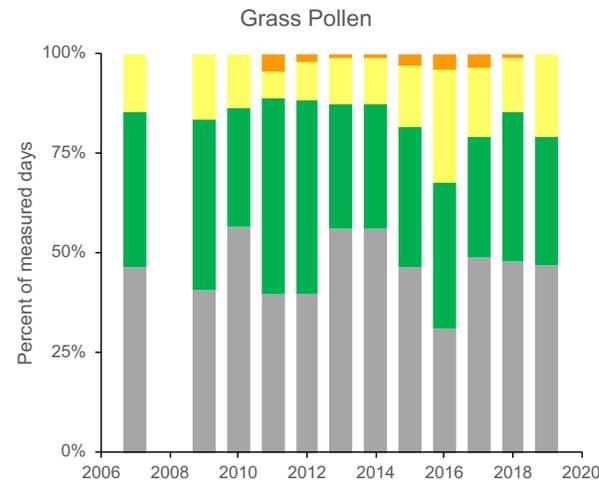
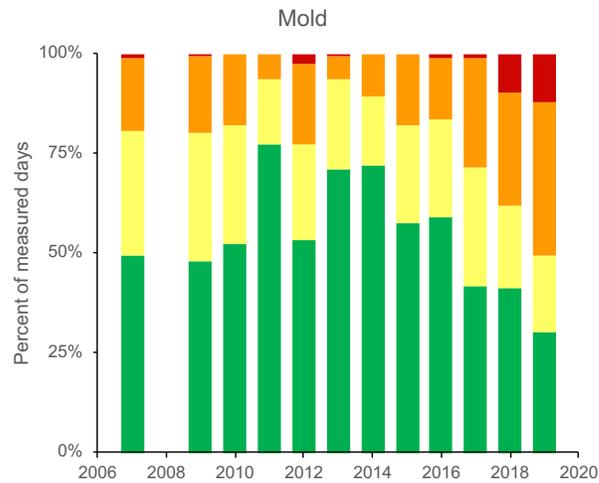


Ground-level Ozone

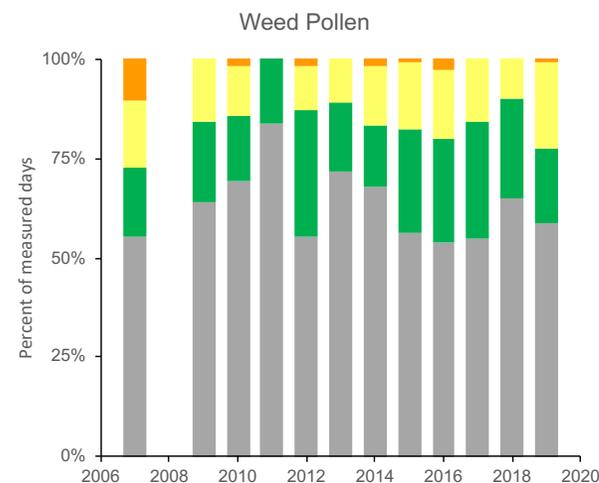
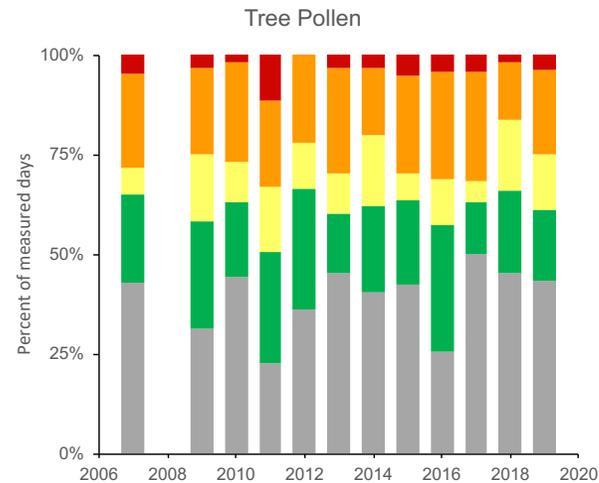


Number of ground-level ozone exceedance days per year by EPA Air Quality Index (AQI) alert levels, 2000–2019, by Connecticut county. An exceedance day occurs when the daily maximum 8-hour ozone average is 71 parts per billion or higher. AQI alert levels displayed are as follows: unhealthy for sensitive groups (71–85 ppb) (orange), unhealthy (86–105 ppb) (red), very unhealthy (106–200 ppb) (purple). Due to no data/ insufficient data, Litchfield County figure excludes 1990 and 2001, and Windham County figure excludes 1990–1993.

Aeroallergens: Mold and Pollen



Since 2007, the percent of measured days with “high” or “very high” outdoor mold concentrations has increased.



Allergen concentration levels, percent of measured days by National Allergy Bureau (NAB) Scale category, Waterbury, CT monitoring station, 2007–2019, April–September. No data available for 2008. NAB Scale categories are as following: grey = absent; green = low; yellow = moderate; orange = high, red = very high.

To download the report or to sign up for our newsletter, visit <https://publichealth.yale.edu/climate/>

Questions/ comments? Contact me at: laura.bozzi@yale.edu